



PATIENT INFORMATION

NAME: DOB: MALE
 PHONE: PHN: FEMALE
 ADDRESS: OTHER

REASON FOR REFERRAL

Non-urgent (*next available*)
 Semi-urgent (*within 2 weeks*)
 Urgent (*within 3 days*)

CARDIOLOGY CONSULTATION

- First available
- Dr. Eli Rosenberg (MSP 66533)
- Dr. Courtney Young (MSP 60399)

**PULSE
FIT Rx CARDIAC REHABILITATION**

- Cardiac Rehab** - Primary or secondary prevention (\$100/mo)

Cardiologist	<i>Consultation and ongoing follow-up Intensive cardiovascular risk reduction On-site supervision of exercise</i>
Diagnostics	<i>Exercise stress test Bioimpedance body composition analysis</i>
Exercise Physiologist	<i>Individualized exercise Rx Supervised exercise 2-3x/week Ongoing adjustment of exercise Rx</i>
Registered Dietitian	<i>Consultation with individualized diet Rx Ongoing follow-up</i>
Group Seminars	<i>Clinical Psychologist Cardiologist Registered Dietitian Clinical Exercise Physiologist</i>

- Registered Dietitian - Private Consultation (\$199)**
Evidence-based dietary changes to lower cholesterol, blood pressure, blood glucose and promote weight loss.

DIAGNOSTICS

- Rapid Cardiac Diagnostic Assessment**
 - ECG
 - Exercise stress test
 - Holter
- ECG** (*no appointment necessary*)
- Exercise stress test**
- Holter** - 24 hours (*with ECG*)
- Event/Loop monitor** - 7 days (*with ECG*)
- Event/Loop monitor** - 14 days (*with ECG*)
- Ambulatory BP** - 24 hours (\$50)
- Bioimpedance body composition analysis** (\$50)
- Bedside echo** - *focused echo with cardiac consultation (MSP)*
(Please include specific clinical question)

REFERRING PHYSICIAN

NAME:
MSP:
DATE:
SIGNATURE:

Fax referrals to 604-736-6442